

ADVANCED DIPLOMA OF HOLISTIC CLASSICAL YOGA PRACTICES

COURSE CODE 52792WA | CRICOS Code 099897B



NATIONALLY RECOGNISED
TRAINING

RTO #1749



Commonwealth Register of Institutions
and Courses for Overseas Students
Provider Code: 01941B

INTERNATIONAL
COLLEGE OF
QUEENSLAND



SUNSHINE COAST | CAIRNS

Advanced Diploma of Holistic Classical Yoga Practices

52792WA CRICOS Code 099897B

WHAT YOU WILL LEARN

HISTORY, PHILOSOPHY, PRACTICE

CHCPOL003	Research and apply evidence to practice
CHCDIV001	Work with diverse people
HLTWHS001	Participate in workplace health and safety
HCYACA601A	Apply holistic classical Yoga asana to holistic classical Yoga
HCYAHP601A	Apply history & philosophy of Yoga to holistic classical Yoga
HCYAYS601A	Apply Yoga Sutras to holistic classical Yoga

ANATOMY, PHYSIOLOGY AND THE YOGA CLIENT

HCYPDE601A	Plan, deliver and evaluate a holistic classical Yoga program
CHCCOM006	Establish and manage client relationships
BSBMED301	Interpret and apply medical terminology appropriately
CHCPRP005	Engage with health professionals and the health system
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information

KOSHA'S, DOSHA'S, GUNA'S, CHAKRA'S, MEDITATION

HCYAGN601A	Apply concepts of the gunas to holistic classical Yoga
HCYACD601A	Apply concepts of the doshas to holistic classical Yoga
HCYACC601A	Apply concepts of the chakras to holistic classical Yoga
HCYACK601A	Apply concepts of the koshas to holistic classical Yoga
HCYAPT601A	Apply pranayama, mudra and bandha techniques to holistic classical Yoga
HCYAMT601A	Apply meditation techniques to holistic classical Yoga
HCYART601A	Apply relaxation techniques to holistic classical Yoga

YOGA BUSINESS

HCYAYT601A	Apply holistic classical Yoga practices for therapeutic purposes
BSBSMB405	Monitor and manage small business operations
BSBFLM303	Contribute to effective workplace relationships
CHCPRP003	Reflect on and improve own professional practice
HLTAID003	Provide first aid

COURSE OVERVIEW

COURSE DURATION

52 Weeks (Full Time)

One Term = 12 weeks (10 weeks study period and 2 weeks break between study period except Christmas/New Year break is 7 weeks).

SAMPLE TIMETABLE (8:30AM-5:00PM)

Day 1	Theory/In Class Activities*
Day 2	Theory/In Class Activities/Student Clinic*
Day 3	Study Session - 4 hours

* Lunch break of 30 mins will be allocated

COURSE INTAKES

Advanced Diploma Of Holistic Classical Yoga Practices
- 10 Intakes per year

Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov
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WHAT'S INCLUDED

- all teacher directed learning
- all products and equipment
- textbook and manuals
- Online Learning Management System (LMS)
- industry experts
- yoga kit
- uniform shirt

ASSESSMENT

All vocational courses are assessed through a combination of assessment types that in Yoga may include exams, written essays, research assignments reports, teaching, mentoring and practical observation.

ENTRY REQUIREMENTS

Recommended:

Minimum of 1 year regular Yoga practice

Academic:

Successful completion of Australian Year 12 or equivalent.

English Language Proficiency:

Minimum IELTS score of 5.5 or proof of equivalent.

NOTE: Training and assessment are delivered by Demi International Beauty Academy (RTO #32542) under a Third-Party Partnership Agreement.



HOW TO APPLY

www.studyinqld.com.au/apply-now

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SUNSHINE COAST CAMPUS

9/31-33 Plaza Parade, Maroochydore QLD 4558 Australia

CAIRNS CAMPUS

132 Grafton Street, Cairns QLD 4870 Australia